



Welcome to
maggie's

MAGGIE'S

Amanda Procter, Centre Head

Leeds Teaching Hospital
Board Meeting

May 2024



● Operational Maggie's centres



- 1 Edinburgh
- 2 Glasgow
- 3 Dundee
- 4 Highlands
- 5 Fife
- 6 West London
- 7 Cheltenham
- 8 Nottingham
- 9 Swansea
- 10 Cambridge (interim)
- 11 Newcastle
- 12 Aberdeen
- 13 Oxford
- 14 Wirral
- 15 Lanarkshire
- 16 Royal Free
- 17 Manchester
- 18 Forth Valley
- 19 Oldham
- 20 Barts
- 21 Cardiff
- 22 The Royal Marsden (Sutton)
- 23 Yorkshire
- 24 Southampton

MAGGIE'S

The need for cancer support

The NHS provides excellent clinical care but their time is limited.

- What does this mean?
- How am I going to tell my friends, family, children?
- Am I going to die?
- Will I be able to work and pay the bills?
- How do I get back to normal now that I've finished treatment?

These challenges affect not only the person with cancer but their friends and family too.

- What do I say to my friend who has cancer as I'm worried I might upset him?

- Living with the after effects of cancer
- Emotional expression of the consequences of cancer
- Regaining self confidence and identity
- Living with uncertainty
- Sexuality and fertility
- Family communication and relationships
- Returning to work after cancer treatment
- Living positively with and beyond cancer



The Team

Leeds, September 2019

MAGGIE'S



Amanda, Centre
Head



Andrew, Clinical
Psychologist



Helen, Cancer
Support Specialist



Kieran Gentry, Benefits
Advisor



Nicky, Cancer
Support Specialist

Maggie's cancer support is for everyone.

- Currently receiving treatment
- Completed treatment and be in remission
- Dealing with issues of recurrence
- Dealing with the fears of death and dying
- Have a family member, friend or relative of someone who has received a diagnosis
- Grieving for someone they have just lost to cancer



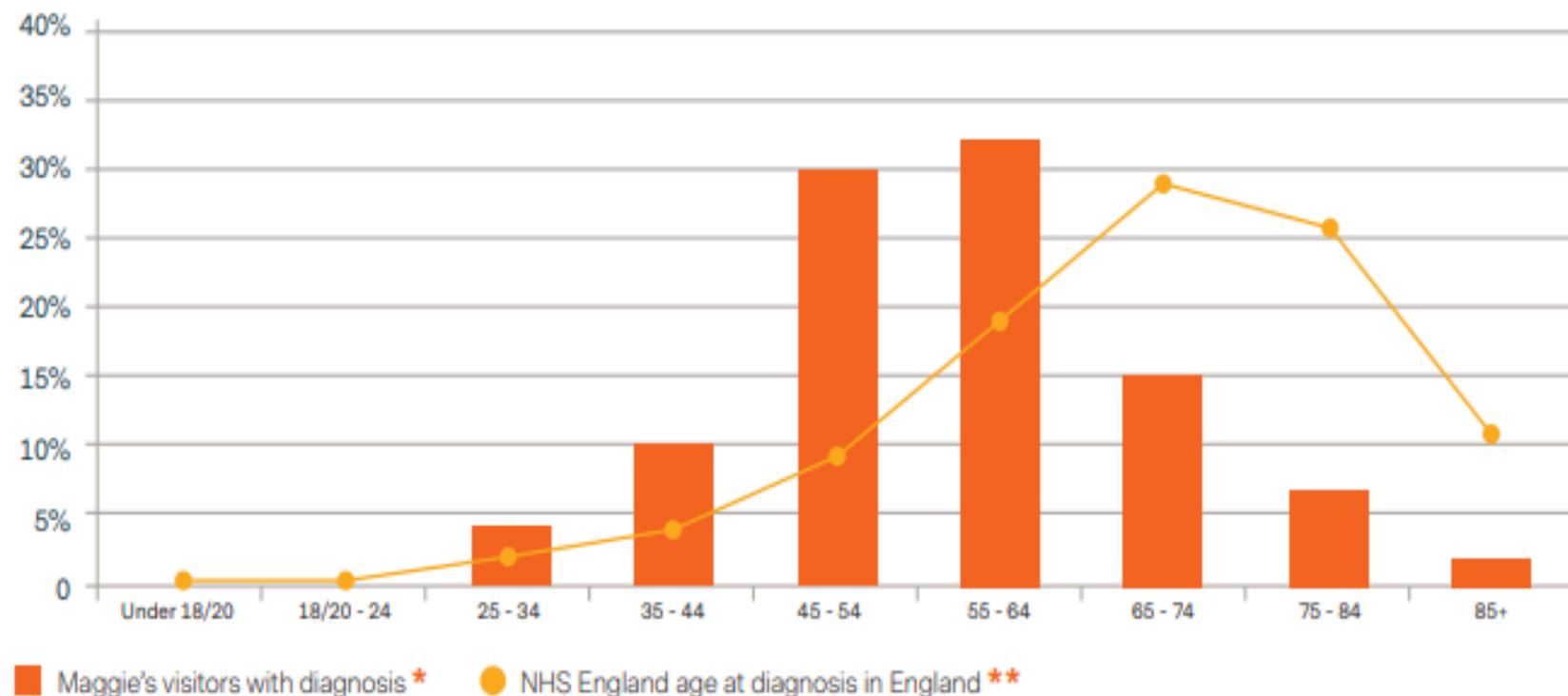
Impact and projections 2023–2024

	2022	2023	2024
 Total visits The number of days our visitors have received support from Maggie's	11,007	13,130	15,000
 Total amount of support provided The amount of individual and group support sessions provided to our visitors	11,915	14,045	15,500
 Total number of new people with cancer supported	1,702	1,903	2,300
 Total number of new family, friends and carers supported	1,632	1,960	2,300

Who we support 2023

Maggie's Yorkshire is situated at St. James's University Hospital. Most of our visitors come from Leeds and Wakefield, and others come from York, Kirklees, and other areas throughout Yorkshire and the Humber.

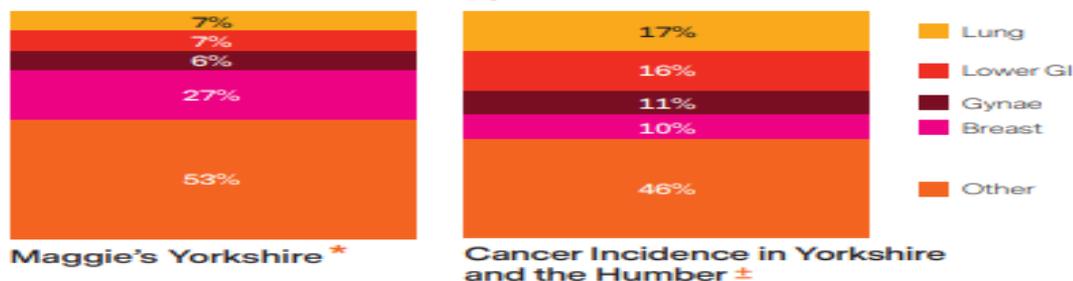
Age



Cancer type

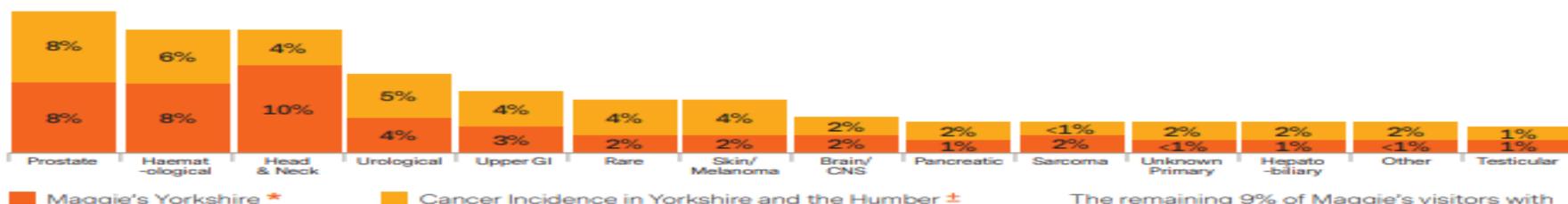
The chart below outlines the percentage of new people with cancer supported at Maggie's Yorkshire by cancer type in comparison to the national average as reported by Public Health England.

Most common cancer types



Maggie's Yorkshire is situated at St. James's University Hospital. 54% of new cancer diagnoses are lung, lower GI, gynaecological, and breast cancers. Of Maggie's Yorkshire visitors, 47% have one of these four most common types of cancer.

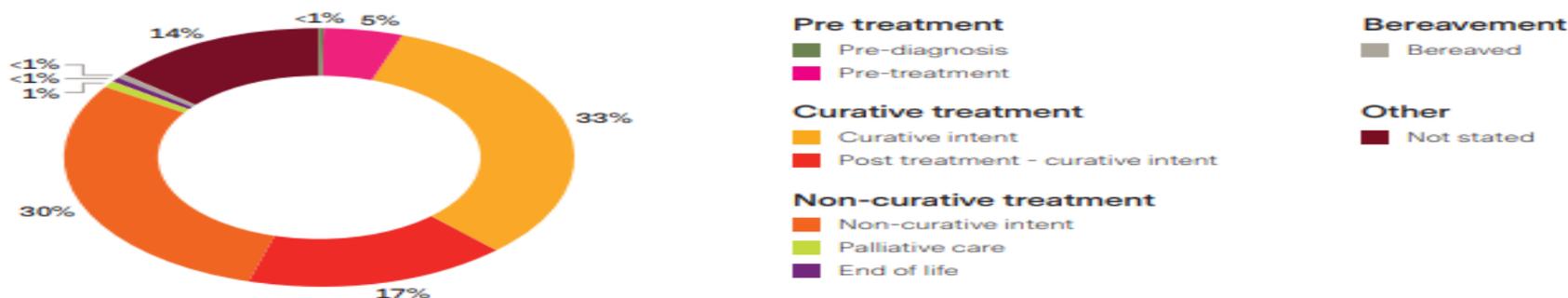
Other cancer types



The remaining 9% of Maggie's visitors with cancer have an unknown cancer type

Pathway stage *

The graph below shows the proportion of each cancer stage seen per year at Maggie's Yorkshire, shown as a percentage of visitors.



* data obtained from Maggie's Programme Database

‡ data obtained from Public Health England

Financial support 2023

Financial help claimed *

Our Benefit Advisors offer individual advice and support on the benefits that apply to people with cancer and their family and friends. In 2023, we helped Yorkshire visitors claim:

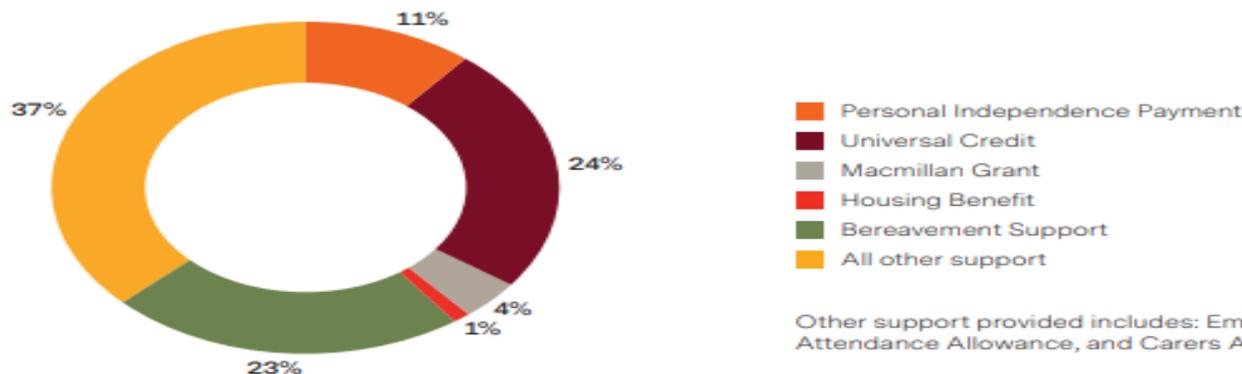
2023

£1.9million

2024

£2.3million

Last year, our Benefit Advisors helped our visitors access a wide range of benefits and other financial support:



Social value \pm

Our social value measures the positive value that our Maggie's centre creates for the economy, community and society. It summarises the wider financial and non-financial value created through our day-to-day activities in terms of the economic, social and local wellbeing.

Social Value

£1.7million

Per annum

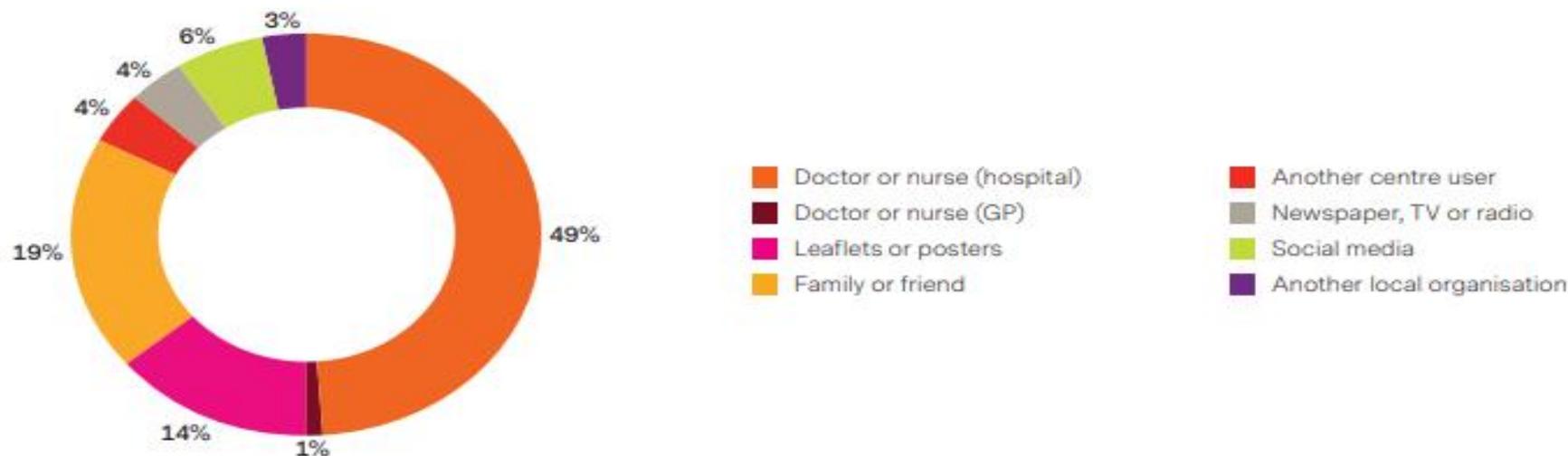
Cost:Benefit Ratio

1:3

For every £1 spent on Maggie's Yorkshire, £3 is given back in savings to the exchequer and in an increase in wellbeing.

How our visitors heard about us 2023 ^{*}

The majority of our visitors come to us following recommendations from their doctor or nurse, confirming the importance of our relationship with our NHS colleagues.



Visitor satisfaction ^{*}

Visitor feedback is important to us and each year we ask our visitors how helpful our care and support is.



95%

Improved understanding of cancer and treatments



96%

Improved ability to manage stress

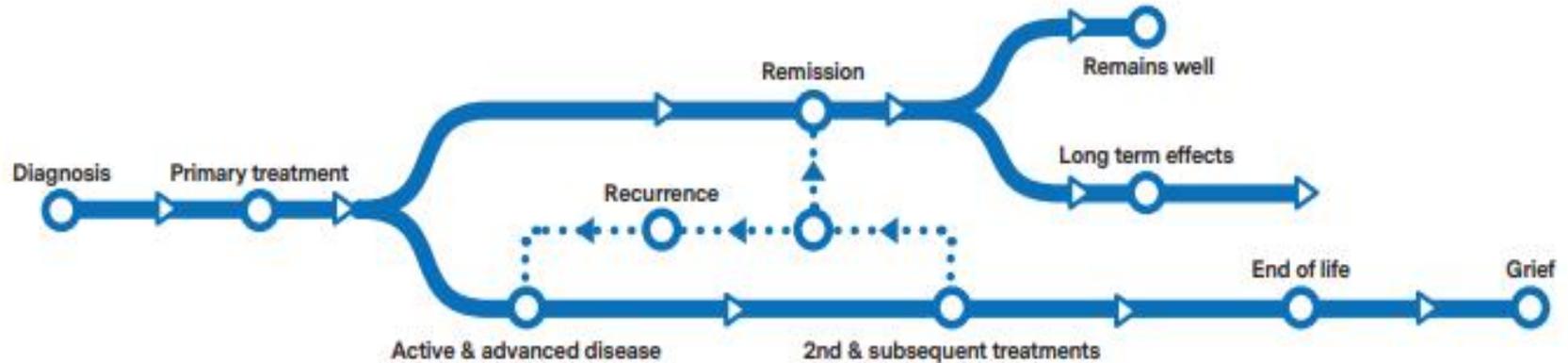


88%

Helped access benefits they are entitled to

Cancer pathway

Maggie's programme of support



* Maggie's cancer support can be accessed throughout the cancer pathway

PRE-HAB	GETTING STARTED	WHERE NOW / REHABILITATION	ONGOING WITH CANCER	BEREAVEMENT
Ways to help people get ready for treatment	Ways to help people better understand their cancer treatment	Ways to help people practically and emotionally through the ongoing and late effects of cancer treatment	Ways to help people living with ongoing cancer treatment and approaching death	Ways to help people cope practically and emotionally with grief

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	OTHER
<p>Cancer Support 9am - 5pm (Drop in)</p> <p>Benefits Advice 1pm - 4pm (Drop in)</p> <p>Men's Meet-Up 10.30am - 12.30pm every 3rd Monday of the month</p> <p>Look Good Feel Better (fortnightly) 10am - 12pm (book via website: https://lookgoodfeelbetter.co.uk/workshops/)</p> <p>Bereavement course 1pm - 2.30pm (6-week course)</p> <p>Ongoing with Cancer 1pm - 2.30pm (6-week course)</p> <p>Menopause workshop 2.45pm - 4.45pm</p> <p>Androgen (Hormone Therapy) workshop 2.45pm – 4.45pm</p> <p>CBT for Menopause and Hot Flashes workshop 2.45pm - 4.45pm (2-week course)</p>	<p>Cancer Support 9am - 5pm (Drop in)</p> <p>Benefits Advice 1pm - 4pm (Drop in)</p> <p>Meet Zoe; Aplastic Anaemia Trust drop-in, 10am - 1pm</p> <p>Ongoing with Cancer group 10.30am-12.00pm (every 1st Tuesday of the month)</p> <p>Managing Fatigue workshop 10.30am - 12pm (2-week course)</p> <p>Friends and Family group 10:30am - 12pm (every 4th Tuesday of the month)</p> <p>Managing Stress course 1pm - 3pm (6-week course)</p> <p>Relaxation drop-in, 3.30pm - 4.30pm (centre/Teams)</p>	<p>Cancer Support 9am - 5pm (Drop in)</p> <p>Benefits Advice 1pm - 4pm (Drop in)</p> <p>Where Now? support following completion of cancer treatment 10:30am - 1.00pm (6-week course)</p> <p>Pilates 1.00pm - 2.00pm (5-week course)</p> <p>Prehabilitation – Getting Yourself Ready 2.45pm - 4.15pm</p>	<p>Cancer Support 10:30am - 5pm (Drop in)</p> <p>Benefits Advice 1pm - 4pm (Drop in)</p> <p>Nutrition workshop 10am - 12pm every 2nd Thursday of the month</p> <p>Managing Memory and Concentration course 11.00am - 12.30pm (5-week course)</p> <p>Pelvic Radiation Disease group (every 3 months) 11am - 12.30am 3rd Thursday of the month</p> <p>Metastatic Kidney group (bi-monthly) drop-in, 11.15am - 12.45pm every 1st Thursday of the month</p> <p>Yoga 2pm - 3pm (5-week course)</p> <p>Relaxation drop-in, 3.15pm – 4.15pm (centre/Teams)</p>	<p>Cancer Support 9am - 5pm (Drop in)</p> <p>Benefits Advice 1pm - 4pm (Drop in)</p> <p>Secondary Breast Cancer group with Breast Cancer Now 10:30am – 12:30pm, every 1st Friday of the month (to book: email secondaryservices@breastcancernow.org or call 0345 077 1893)</p> <p>Getting Started workshops - Chemotherapy and Immunotherapy (weekly) 9am – 4pm (booked via hospital team)</p>	<p>Free Online Will Writing – speak to a member of staff for more information.</p> <p>Angling sessions with Cancer and Pisces Trust https://www.cancerandpiscesrust.org/fishing-club</p> <p>WiFi password – Leeds2019</p>



Maggie's
St James's University Hospital
Alma Street
Leeds
LS9 7BE

0113 4578364
leeds@maggiescentres.org

Maggie Keswick Jencks Cancer Caring Centres Trust (Maggie's) is a registered charity No. SC024414



Maggie's Yorkshire



@maggiesyorks



Instagram- [maggiesyorkshire](https://www.instagram.com/maggiesyorkshire)

Maggie's operational and planned centres

● Maggie's at NHS sites



Scotland

- 1 Edinburgh
- 2 Glasgow
- 3 Dundee
- 4 Aberdeen
- 5 Highlands
- 6 Fife
- 7 Lanarkshire
- 8 Forth Valley

Wales

- 9 Swansea
- 10 Cardiff

England

- 11 West London
- 12 Cheltenham
- 13 Newcastle
- 14 Oxford
- 15 Nottingham
- 16 Cambridge (interim)
- 17 Wirral (SMF)
- 18 Royal Free
- 19 Manchester
- 20 Oldham
- 21 Barts
- 22 The Royal Marsden (Sutton)
- 23 Leeds
- 24 Southampton

● Maggie's sites in development



Wales

- 1 North Wales (SMF) *

England

- 2 Liverpool (SMF) *
- 3 Coventry
- 4 Bristol
- 5 Kent
- 6 Northampton

Maggie's operational centres coverage

- ✓ 100% coverage across NHS Cancer Centres in Scotland
- ✓ 66% coverage across NHS Cancer Centres in Wales
- ✓ 26% coverage across NHS Cancer Centres in England
- ✓ 35% coverage across NHS Cancer Centres across the UK
- ✓ 11% of new people with cancer (NPWC) supported across the UK †
- ✓ 9% of new people with cancer (NPWC) supported across England **

* (SMF) means funded by Steve Morgan Foundation

† New cancer diagnosis projected based on latest data available from NHS UK, Public Health Scotland and Public Health Wales

** Analysis from NHS UK latest available data suggests 342,983 new people were diagnosed with cancer in England in 2023, excluding non-melanoma skin cancers [forecasted from latest 2021 data]

Our Objectives for 2024.

- Programme development
- NHS collaboration
- Diversity and Inclusion
- Partnership work
- Professional Advisory Group



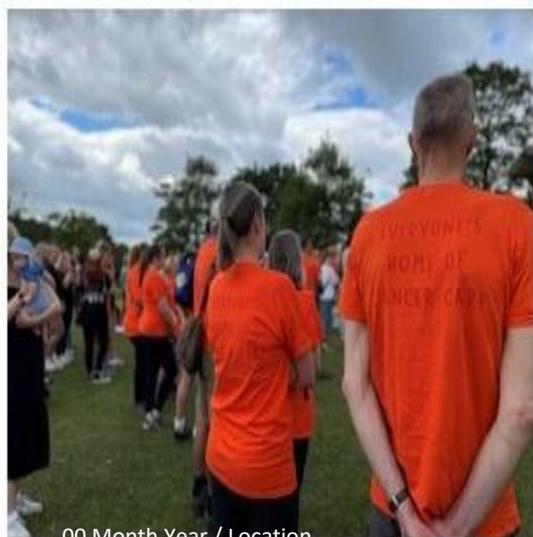
Programme and running costs

These are the direct costs of the delivery of the care programme and the centre running costs only. These costs do not include fundraising, HR or IT costs.

	2021	2022	2023	2024
Programme costs	£218,493	£323,029	£353,840	£338,949
Centre running costs	£39,424	£59,443	£45,452	£47,087
Total	£257,917	£382,472	£399,292	£386,036

* data obtained from Maggie's Yorkshire 2022 Annual Audit

2024 EVENTS



00 Month Year / Location



- Golf Day at Pannal Golf Club- May
- Walk For Maggie's Yorkshire at Roundhay Park- 15th June
- Leeds 10k- 23rd June
- Total Warrior- 23rd June
- Networking event with Cedar Court Harrogate- 4th July
- Long Course Weekend Yorkshire- 6th-8th September
- Maggie's Yorkshire 5th Birthday Ball- 28th September
- Pizza and Quiz Night- October
- Festive event- December

VIDEO SLIDE - https://www.youtube.com/watch?v=Gxd0_ZnAgjM&t=2s (embedded video removed from email version)



THANK
YOU

MAGGIE'S